

# **Suspected periprosthetic joint infection after total knee arthroplasty under propofol versus sevoflurane anesthesia: a retrospective cohort study**

## **Short title: Periprosthetic joint infection and Anesthetics**

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**Implication Statement:**

In this retrospective cohort study, propensity score analysis revealed that there is no significant difference between using propofol versus sevoflurane for the maintenance of anesthesia in the occurrence of suspected periprosthetic joint infection in patients undergoing total knee arthroplasty.

## **Abstract**

### *Purpose*

Periprosthetic joint infection is a serious complication of total knee arthroplasty. Though there are many factors that might increase its risk, the use of propofol for maintaining general anesthesia could theoretically increase the incidence of infection due to its lipid component that supports bacterial growth. However, the relationship between anesthetic maintenance agents and the occurrence of periprosthetic joint infection remains uncertain. The purpose of this study was to compare the incidence of suspected early-onset periprosthetic joint infection between patients undergoing total knee arthroplasty under propofol versus sevoflurane anesthesia.

### *Methods*

We conducted a retrospective cohort study of patients in the national inpatient Diagnosis Procedure Combination database in Japan who underwent total knee arthroplasty. Suspected periprosthetic joint infection was surrogately defined as the need for arthrocentesis or debridement within 30 days of surgery. Propensity score matching was performed between patients who received either propofol or sevoflurane for anesthetic maintenance to determine the proportion of those with infection.

### *Results*

Eligible patients ( $n = 21,899$ ) were categorized into either propofol ( $n = 7,439$ ) or sevoflurane ( $n = 14,460$ ) groups. In the 5,140 propensity-matched patient pairs, there was no significant difference in the proportion of arthrocentesis or debridement (1.3% propofol vs. 1.7% sevoflurane; respectively (relative risk, 0.76; 95% CI, 0.55 to 1.04;  $P = 0.10$ ) between the groups. The length of stay in the propofol group was significantly longer than that in the sevoflurane group. (mean (SD); 32.5 days propofol vs. 31.4 days sevoflurane; respectively; mean difference (95% CI), 1.13 (0.50 to 1.76);  $P < 0.001$ ).

### *Conclusion*

Propensity score analysis suggested no significant association between the choice of anesthetic maintenance agent and the occurrence of suspected early-onset periprosthetic joint infection in patients undergoing total knee arthroplasty.

## Introduction

Periprosthetic joint infection, which occurs in approximately 0.5–2% of patients after total knee arthroplasty (TKA),<sup>1-3</sup> is a serious postoperative complication that is associated with increased prolonged hospitalization, economic cost, and mortality.<sup>4,5</sup> There are many risk factors for periprosthetic joint infection, including patient characteristics (e.g., diabetes and smoking history), hospital function,<sup>6</sup> and potentially even anesthetic management.<sup>7</sup> Treatment of periprosthetic joint infection is challenging as it can recur despite antibiotic therapy and, in some cases, requires removal of the prosthesis.<sup>8</sup>

The association between the anesthetic maintenance agent and the occurrence of surgical site infection (SSI) remains uncertain. A previous nationwide study in Taiwan demonstrated that TKA and total hip arthroplasty (THA) under general anesthesia were both associated with a higher occurrence of SSI than those under regional anesthesia.<sup>9</sup> Propofol and sevoflurane are commonly used for the maintenance of general anesthesia; however, propofol may increase the risk of infection due to its lipid component, which can support bacterial growth when contaminated.<sup>10,11</sup> Although propofol can be used safely when used in a clean area with appropriate hand hygiene and a clean syringe,<sup>12</sup> the risk of bacterial contamination still exists in clinical situations.<sup>11</sup> On the other hand,

propofol is known to have anti-inflammatory and anti-oxidant effects.<sup>13</sup>

Several studies have compared SSI occurrence rates between patients who received anesthesia maintenance with total intravenous anesthesia (TIVA) versus volatile anesthetics. A study on patients undergoing gastrointestinal surgery showed a higher proportion of early SSI in the propofol-based TIVA group compared with the sevoflurane group.<sup>14</sup> However, another study showed a lower rate of early SSI in the propofol group than in the sevoflurane group.<sup>15</sup> Furthermore, a meta-analysis that included 8 randomized trials on ventilated critical care patients did not show any significant difference in length of stay or in-hospital mortality between patients that received intravenous midazolam/propofol versus volatile agents.<sup>16</sup> As such, the impact of propofol and volatile anesthetics on the occurrence of SSI remains uncertain.

We conducted the present study using a nationwide inpatient database in Japan to compare the occurrence of suspected early-onset periprosthetic joint infection in patients who underwent TKA under general anesthesia with either propofol or sevoflurane as the maintenance anesthetic agent.

## Methods

The present study was approved (October 20, 2011) by the Institutional Review Board of The University of Tokyo. Owing to the retrospective design of this study and the anonymous nature of the data, the requirement for obtaining informed patient consent was waived.

### *Data source*

The Diagnosis Procedure Combination (DPC) is a national administrative database of claims data and discharge abstracts of acute-care inpatients in Japan.<sup>17</sup> The database includes approximately 7 million inpatients annually from more than 1,000 participating hospitals, which accounts for approximately 50% of acute-care hospitalizations in Japan. The following data are included in the database: primary diagnosis, comorbidities at admission, complications after admission, medical procedures (including surgery, which is coded with original Japanese codes), daily records of drug administration and treatments, dates of admission and discharge, and clinical information, including patient age, sex, body weight, height, and Brinkman index (the number of cigarettes smoked per day multiplied by the number of years of smoking).<sup>18,19</sup> The database also includes anesthetic information related to surgery including anesthetic methods (general

anesthesia, epidural anesthesia, spinal anesthesia, and peripheral nerve block), duration of anesthesia, and anesthetic drugs used. Each diagnosis is classified according to the International Classification of Diseases, 10<sup>th</sup> Revision.<sup>20</sup> Physicians are responsible for accurately recording patient data in the medical records at discharge because these records are linked to the payment and reimbursement system.<sup>19</sup> In addition to the DPC database, we obtained hospital characteristics (including academic hospital or not, and number of hospital beds) from the Annual Report for Functions of Medical Institutions.<sup>21</sup>

#### *Patient selection*

Using the DPC database, we retrospectively identified patients who underwent TKA between April 1, 2012 and March 31, 2015 with general anesthesia using either propofol or sevoflurane for the maintenance of anesthesia. Patients who received general anesthesia were allocated to the propofol group when anesthesia was maintained with propofol-based TIVA. For the sevoflurane group, anesthesia was primarily maintained with sevoflurane, regardless of what drugs were used for induction. We included surgeries performed within 7 days of hospital admission, with cefazolin for antibiotic prophylaxis beginning on the day of surgery. The usual dosing regimen of cefazolin is 1.0 gm before surgical incision, every 3 hours during surgery, and every 8 hours postoperatively until

48 hours

The following exclusion criteria were considered: (1) a history of a prior THA or contralateral TKA within 30 days of surgery, (2) age < 40 years, (3) SSI treatment during the hospitalization with antibiotics other than anti-methicillin-resistant *Staphylococcus aureus* (MRSA) drugs and aminoglycosides, (4) missing data on hospital characteristics, duration of anesthesia, or type of intraoperative analgesia, (5) use of ketamine for anesthesia induction, and (6) diagnosis of gout or pseudogout.

### *Outcomes*

The main outcome of the study was suspected periprosthetic joint injection which was defined by the need for arthrocentesis and/or debridement (i.e., suppurative arthritis curettage and curettage of joint synovectomy) occurring within 30 days of surgery. Data on first readmissions were also included in the analysis. The secondary outcome was length of stay during the perioperative hospitalization.

### *Statistical analysis*

Categorical variables are presented as percentages, and continuous data are presented as mean (SD). We estimated propensity scores using a logistic regression model with the

anesthetic maintenance agent (propofol or sevoflurane) as the dependent variable. Independent variables included the following factors: age, sex, hospital characteristics (academic or non-academic hospitals and the number of beds), body mass index, Brinkman index, comorbidities (hypertension, diabetes, asthma, rheumatism, ischemic heart diseases, cerebral stroke, chronic kidney disease, and hepatic dysfunction), drugs administered on the day of surgery (anti-MRSA drugs, aminoglycoside, steroids, opioids, and muscle relaxants), use of regional analgesia (epidural analgesia or peripheral nerve block), duration of anesthesia, revision surgery, and blood transfusion on the day of surgery (red blood cells, fresh frozen plasma, or autologous blood). Patients data with missing data were excluded from the analysis. A c-statistic was calculated to evaluate the goodness of fit.

Using the estimated propensity scores, we conducted a nearest neighbor one-to-one matching without replacement between the propofol and sevoflurane groups. To achieve a good balance of patient background between the groups, a cut-off was set at 0.25 multiplied by the standard deviation of the estimated propensity scores. We defined absolute values of the standardized difference of more than 10% as out of balance.<sup>22</sup> In the matched patients, we compared the proportions of the main outcomes between the propofol and sevoflurane groups using a McNemar test; a pairwise *t*-test was used to

compare the mean length of stay. The relative risk (RR), risk difference, and their 95% confidence intervals (CI) were then calculated.

Statistical analysis was performed with IBM SPSS for Windows, version 22.0 (IBM, Armonk, NY, USA), and a  $P < 0.05$  was considered statistically significant.

## Results

The patient flow diagram is shown in Figure 1. 33,520 patients who underwent TKA between April 1, 2012 and March 31, 2015 were enrolled in the study. After excluding 11,616 patients according to the criteria, 21,899 patients were identified as eligible. Propensity score matching yielded 5,140 pairs of patients who received propofol or sevoflurane.

Table 1 shows the baseline characteristics of all eligible patients and propensity score-matched patients ( $n = 10,280$ ). Before propensity score matching, patients in the propofol group were more likely to be hospitalized in low-capacity hospitals and receive anti-MRSA drugs and regional analgesia than those in the sevoflurane group. Patients in the propofol group were also less likely to receive opioids and muscle relaxants. After propensity score matching, the baseline characteristics were well balanced between the groups, with a c-statistic of 0.707.

In the propensity-matched patients, the number of patients who received both arthrocentesis and debridement were 2 in the propofol group and 0 in the sevoflurane group. Table 2 shows the comparison of the proportion of patients who underwent arthrocentesis or debridement and the length of stay between the two groups. Before matching, there were no significant differences between the propofol and sevoflurane

groups in the proportion of patients who underwent arthrocentesis or debridement (propofol vs. sevoflurane: 1.2% vs. 1.4%,  $P = 0.17$ ). After propensity score matching, there were no significant differences in the proportions of patients who underwent arthrocentesis or debridement under propofol or sevoflurane anesthesia (1.3% propofol vs. 1.7% sevoflurane; respectively; RR, 0.76; 95% CI, 0.55 to 1.04;  $P = 0.10$ ). Risk difference of the proportions of propensity-matched patients who underwent arthrocentesis or debridement was 0.4% (95% CI, -0.9% to 0.1%). Both before and after propensity score-matching, there was a significant difference in the mean length of stay between the propofol group and the sevoflurane group.

## Discussion

In this study, using a nationwide inpatient database in Japan, there was no significant association between the anesthetic maintenance agent (propofol or sevoflurane) and the suspected early-onset periprosthetic joint infection after TKA.

Patients in the propofol group were more likely to be admitted to low-capacity hospitals and receive anti-MRSA drugs. Although the anesthetic methods differed, patient backgrounds were similar and there was no significant difference in comorbidities between the groups. Our results suggest that anesthetic methods for general anesthesia varied more according to hospital than patient characteristics.

The present study differs from previous studies in several respects. First, we used a nationwide database with a large population. Furthermore, the database enabled us to adjust for patient characteristics. Second, we only included patients who underwent TKA with a *clean* surgical wound,<sup>23</sup> whereas previous studies<sup>14,15</sup> included patients who underwent gastrointestinal surgery with wounds classified as *clean-contaminated*. Third, unlike previous single-center studies, our study included more than 1,000 Japanese hospitals.<sup>17</sup>

We used the following methods to minimize the influence of antibiotics on the results. First, we only included patients who were prescribed cefazolin for antibiotic prophylaxis, because cefazolin is the most widely used and suitable antibiotic for TKA. Second, we

excluded patients who were treated with antibiotics other than anti-MRSA drugs or aminoglycosides, which are the most common antibiotics used with bone cement.<sup>24</sup>

Diagnosis of periprosthetic joint infection remains challenging, even though a wide variety of tests, and combinations of tests, are used for diagnosis. However, the database used in this study did not include information, such as the results of serum markers or culture of periprosthetic fluid. Therefore, a surrogate outcome for suspected periprosthetic joint infection was used in the study; proportion of arthrocentesis or debridement. Various diagnostic criteria and algorithms for periprosthetic joint infection<sup>25-28</sup> indicate the importance of arthrocentesis in establishing a diagnosis of periprosthetic joint infection, and debridement with prosthesis retention as the main treatment for early-onset periprosthetic joint infection.

Propensity score matching allows a quasi-experimental comparison of groups with similar observed characteristics, without specifying the relationships between confounders and outcomes.<sup>29,30</sup> After propensity score matching, the proportion of patients who underwent arthrocentesis or debridement was 1.3% in the propofol group and 1.7% in the sevoflurane group. The upper limit of the 95% confidence interval of the difference between the two groups was 0.1%, which indicates that the risk of suspected periprosthetic joint infection with the use of propofol was not significantly different. After

propensity score matching, the mean length of stay was approximately 32.5 days in the propofol group, which was comparable to the past reports in Japan<sup>31,32</sup>. There was a significant difference in the mean length of stay despite the similar occurrence of suspected periprosthetic joint infection. The result suggests that propofol could theoretically affect the occurrence of infections other than periprosthetic joint infection (e.g., pneumonia). However, as the difference in the mean length of stay after propensity score matching was approximately 1 day, it is not considered clinically significant. Overall, the results suggest that there is no clinically significant increase in the risk of suspected periprosthetic joint infection with the use of propofol.

It is known that SSI, including periprosthetic joint infection, occur due to a combination of bacterial load, virulence, and weakened resistance of the host patient.<sup>23</sup> Our results showed no significant association between the choice of anesthetic maintenance agent and the occurrence of suspected periprosthetic joint infection. On the one hand, propofol has been suggested to support bacterial growth, and some consider it to be a risk factor for SSI. One possible explanation for the result of the present study is that the amount of propofol used during general anesthesia for TKA might not be sufficient to influence the risk of infection. Although propofol is known to have anti-inflammatory and anti-oxidant effects, these effects may not be enough to decrease infection in a clinical situation.

Several limitations of the present study should be acknowledged. First, we used surrogate outcomes for suspected periprosthetic joint infection. Therefore, our results may not reflect the actual occurrence of early-onset periprosthetic joint infection after TKA. Suspected periprosthetic joint infection may have been overestimated by using arthrocentesis as a surrogate outcome. Although we excluded patients with gout or pseudogout, using arthrocentesis as a surrogate measure may have inadvertently captured patients with non-infective etiologies (e.g., joint hematoma). Second, although we used a nationwide database, the present study might still be underpowered. With a larger population, a significant difference in the occurrence of suspected early-onset periprosthetic joint infection between the two groups might emerge. Also, data on several possible confounders were not available in the DPC database, including drug dosages, PaO<sub>2</sub>/FiO<sub>2</sub> ratios, and total intravenous infusion volumes during surgery. Furthermore, risk factors for SSI, such as low body temperature and hyperglycemia, were not recorded in the DPC database. Additionally, information on outcomes was not available in the database when they occurred at hospitals other than the hospital where the surgery was performed. Lastly, this study was conducted in Japan where length of hospitalization is relatively long.<sup>33</sup> In Japan, surgery and postoperative rehabilitation are implemented in a single hospitalization, and hospitalization after TKA tends to be longer when

postoperative rehabilitation is included.<sup>32</sup> Therefore, the results may not be generalizable to countries with shorter hospitalizations.

In conclusion, there was no significant association between the choice of agent used for the maintenance of anesthesia and the occurrence of suspected early-onset periprosthetic joint infection in patients undergoing TKA. There is no clinically significant increase in the risk of suspected periprosthetic joint infection when using propofol.

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## Tables

**Table 1 Baseline characteristics of all eligible and propensity-matched patients**

Variable	All eligible patients			Propensity-matched patients		
	Propofol (n = 7439)	Sevoflurane (n = 14460)	Standardized difference, %	Propofol (n = 5140)	Sevoflurane (n = 5140)	Standardized difference, %
Age, mean (SD)	74.6 (7.6)	74.6 (7.3)	5.4	74.5 (7.2)	74.4 (7.4)	-0.9
Male sex, n (%)	1320 (17.7)	2935 (20.3)	5.4	953 (18.5)	964 (18.8)	0.4
Academic hospital, n (%)	867 (11.7)	2275 (15.7)	9.9	593 (11.5)	595 (11.6)	0.1
Hospital beds, n (%)						
≤ 99	232 (3.1)	135 (0.9)	-11.7	77 (1.5)	76 (1.5)	-0.1
100–499	4824 (64.8)	7859 (54.3)	-17.7	3129 (60.9)	3125 (60.8)	-0.1
≥ 500	2383 (32.0)	6466 (44.7)	21.7	1934 (37.6)	1939 (37.7)	0.2
BMI (kg/m <sup>2</sup> ), n (%)						
< 25.0	3139 (42.2)	6107 (42.2)	0.1	2181 (42.4)	2104 (40.9)	-2.5
25.0–34.9	4122 (55.4)	7956 (55.0)	-0.6	2833 (55.1)	2909 (56.6)	2.4
≥ 35.0	50 (0.7)	115 (0.8)	1.2	34 (0.7)	32 (0.6)	-0.4
Missing	128 (1.7)	282 (2.0)	1.4	92 (1.8)	95 (1.8)	0.4
Brinkman index, n (%)						
0	6248 (84.0)	11950 (82.6)	-3.0	4267 (83.0)	4228 (82.3)	-1.6
10–399	261 (3.5)	536 (3.7)	0.9	189 (3.7)	198 (3.9)	0.8
400–599	140 (1.9)	268 (1.9)	-0.2	96 (1.9)	112 (2.2)	1.8
≥ 600	790 (10.6)	1706 (11.8)	3.1	588 (11.4)	602 (11.7)	0.7
Comorbidities, n (%)						
Hypertension	2662 (35.8)	4842 (33.5)	-3.9	1769 (34.4)	1796 (34.9)	0.9
Asthma	124 (1.7)	308 (2.1)	2.8	102 (2.0)	94 (1.8)	-0.9
Diabetes	1290 (17.3)	2610 (18.0)	1.5	900 (17.5)	936 (18.2)	1.5
Rheumatism	180 (2.4)	402 (2.8)	1.9	134 (2.6)	129 (2.5)	-0.5
Ischemic heart disease	555 (7.5)	1154 (8.0)	1.6	375 (7.3)	374 (7.3)	-0.1
Hepatic dysfunction	67 (0.9)	123 (0.9)	-0.4	45 (0.9)	51 (1.0)	1.0
Chronic kidney disease	64 (0.9)	129 (0.9)	0.3	43 (0.8)	52 (1.0)	1.5
Cerebral stroke	286 (3.8)	620 (4.3)	1.8	217 (4.2)	210 (4.1)	-0.6
Duration of anesthesia, mean (SD)	179 (7)	193 (81)	-6	186 (59)	186 (56)	0
Revision surgery, n (%)	68 (0.9)	91 (0.6)	-2.6	48 (0.9)	41 (0.8)	-1.2
Antibiotics, n (%)						
Anti-MRSA drugs	399 (5.4)	392 (2.7)	-10.5	214 (4.2)	174 (3.4)	-3.3
Aminoglycoside	2068 (27.8)	3497 (24.2)	-6.7	1243 (24.2)	1244 (24.2)	0.0
Steroids, n (%)	1373 (18.5)	2675 (18.5)	0.1	918 (17.9)	943 (18.3)	1.0
Regional analgesia, n (%)						

Not used	3725 (50.1)	8937 (61.8)	19.3	3001 (58.4)	2994 (58.2)	-0.2
Peripheral nerve block	243 (3.3)	43 (0.3)	-16.3	18 (0.4)	27 (0.5)	2.2
Epidural analgesia	3471 (46.7)	5480 (37.9)	-14.5	2121 (41.3)	2119 (41.2)	-0.1
<b>Opioids, n (%)</b>						
Not used	946 (12.7)	368 (2.5)	-29.0	180 (3.5)	204 (4.0)	2.0
Fentanyl	2117 (28.5)	3020 (20.9)	-14.2	1348 (26.2)	1327 (25.8)	-0.8
Remifentanyl	981 (13.2)	1563 (10.8)	-5.9	685 (13.3)	624 (12.1)	-2.9
Fentanyl and Remifentanyl	3395 (45.6)	9509 (65.8)	33.5	2927 (56.9)	2985 (58.1)	1.9
Muscle relaxant, n (%)	3616 (48.6)	11597 (80.2)	55.1	3486 (67.8)	3498 (68.1)	0.4
<b>Blood transfusion, n (%)</b>						
Red blood cells	353 (4.7)	598 (4.1)	-2.4	224 (4.4)	198 (3.9)	-2.1
Fresh frozen plasma	5 (0.1)	22 (0.2)	2.2	5 (0.1)	7 (0.1)	1.0
Autologous blood	2571 (34.6)	5451 (37.7)	5.3	1890 (36.8)	1836 (35.7)	-1.8

SD, standard deviation; BMI, body mass index; MRSA, methicillin-resistant *Staphylococcus aureus*

**Table 2 Comparison of proportion of arthrocentesis and/or debridement within 30 days of surgery and length of stay between the propofol and sevoflurane groups**

	Propofol	Sevoflurane	Relative risk or mean difference	P value
Proportion of arthrocentesis or debridement, % (no.)	Relative risk (95% CI)			
All eligible patients	1.2 (88/7439)	1.4 (205/14460)	0.83 (0.65 to 1.07)	0.17 <sup>a</sup>
Propensity-matched patients	1.3 (66/5140)	1.7 (87/5140)	0.76 (0.55 to 1.04)	0.10 <sup>b</sup>
Length of stay, mean (SD), days	Mean difference (95% CI)			
All eligible patients	32.9 (18.3)	31.2 (13.7)	1.67 (1.24 to 2.10)	<0.001 <sup>c</sup>
Propensity-matched patients	32.5 (18.4)	31.4 (14.4)	1.13 (0.50 to 1.76)	<0.001 <sup>d</sup>

<sup>a</sup> Chi-square test <sup>b</sup> McNemar test <sup>c</sup> t-test <sup>d</sup> pairwise t-test

**Figure legend**

Figure 1: Patient selection